If you are not vaccinated, I respect your choice. I am vaccinated, please respect my choice.

I'm vaccinated, not to please the government but:

* To not die from Covid-19.

* To NOT occupy a hospital bed if I get sick.

* To give our healthcare workforce a bloody break

* To hug my loved ones.

* To Not have to do PCR or antigen tests to go to a dance, go to a restaurant, go on vacation and many more things to come...
* To love my life.

* For Covid-19 to be an old memory.

* To protect all of my friends, acquaintances and all those whom I come in contact with.

On the other hand, no, I don't know what's in it the vaccine. Not in this vaccine, or the other ones I had as a child. I don't know what's in the Big Mac, or in hot dogs. I don't have a clue of what is in treatments, for cancer, AIDS, polyarthritis, or vaccines for infants or children.

I also don't know what's in Ibuprofen, Tylenol, or other meds. Hey, they just cures my headaches and ease my pains.

I don't have a clue of what is in the ink for tattoos.

So, In short, there are a lot of things I don't know. I just know one thing: life is short, very short. I still want to do something other than just go to work every day or staying cloistered away at home. I still want to travel and hug people without fear, find a little feeling of life before it is too late.

As a child and as an adult I've been vaccinated for mumps, measles, rubella, polio, chicken pox, yellow fever and a few others; my parents and I trusted the science and never had to suffer through or transmit any of said diseases. So, give it up. Take the "POKE". Your loved one's will be glad you did.